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# States That Require Health Plans to Cover Patient Care Costs in Clinical Trials

**Updated:** 12/22/2010

A growing number of states have passed legislation or instituted special agreements requiring health plans to pay the cost of routine medical care you receive as a participant in a clinical trial.

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- Overview of the issue.
- Other resources.

Map (click on a blue-highlighted state/location to see the law or agreement and its key provisions)



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#### Overview of the issue

"Routine patient care costs" are the usual costs of medical care, such as doctor visits, hospital stays, clinical laboratory tests, x-rays, etc., that you would receive whether or not you were participating in a clinical trial. Some health plans don't cover these costs once you join a trial, even though studies have shown that they are not appreciably higher than costs for patients who are not enrolled in trials. (See Cost of Clinical Trials 36.)

Lack of such coverage is a significant barrier to many patients who might otherwise enroll in a trial. Lack of coverage also makes it harder for researchers to successfully conduct trials that could improve prevention and treatment options.

These laws and agreements do not cover the research costs associated with the conduct of the trial, such as tests purely performed for research purposes. In most cases, such costs would be paid for by the group sponsoring the trial, such as the National Cancer Institute or a pharmaceutical company.

For more of an overview, see Clinical Trials and Insurance Coverage: A Resource Guide 37.

#### **Other Resources**

- To find specific trials in the National Cancer Institute's list of ongoing cancer clinical trials go to the clinical trials search page 38.
- To understand the basics of clinical trials, please see the variety of articles listed in the Educational Materials About Clinical Trials 39 section of this Web site. Of particular interest might be What Is a Clinical Trial? 40
- Another resource is NCI's State Cancer Legislative Database Program 41.

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